

HEREFORD RECREATION OFFICE 2017 SUMMER CAMP NEWSLETTER

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LAX 2 LIFE FOR GIRLS

Brought to you by Prettyboy Recreation Council and Baltimore Co. Dept. of Recreation and Parks

Hereford Middle School July 17-21 8:30am-3:30pm \$225 For girls entering grades K-8 in 17/18 school year

This camp offers conditioning and strength-training with a certified athletic trainer, lacrosse practice with local high school coaches and self-esteem, confidence and team building activities.

Before and after care is available if enough families are interested (AM—7:30-8:30, PM—3:30-4:30).

Questions? Contact Alyssa Prudente 410-382-5532

To Register: Visit prettyboyrecreationcouncil.com and click on "Lacrosse Summer Camp".



HEREFORD BOYS LACROSSE

Brought to you by Hereford Zone Recreation Council and Baltimore Co. Dept. of Recreation and Parks

Hereford High School Stadium Field July 10-13 6-8:30pm \$95 For boys ages 5-15

Campers will be grouped according to age and ability for maximum learning. Every position will be covered.

Learn from some of the top coaches, college and high school players in the state. This is a great opportunity for players to improve their skills and lacrosse IQ. All players need to have their own equipment. Camp reversible provided plus daily give-aways.

Questions? Contact Sue Bowen 410-357-9323 srrbowen@comcast.net

To Register: Visit herefordlacrosse.org and follow link to Lacrosse Summer Camp for boys registration page.



UK ELITE SOCCER

Brought to you by Prettyboy Recreation Council and Baltimore Co. Dept. of Recreation and Parks

Prettyboy Elementary School June 26-30

Half Day: 9:00am-12:00pm \$170 Full Day: 9:00am-3:00 pm \$240

Ages: Half-day Soccer Camp: 5-7 year olds (as of 12/31/17),

Half-day Soccer School: 7-14 year olds (as of 12/31/17), Full-day Soccer School: 7-14 year olds (as of 12/31/17)

Questions? Contact Robert Hough roberthough72@aol.com

To Register: Visit prettyboyrecreationcouncil.com and click on 'Outdoor Soccer'. Follow links to Stone Alley online registration page.



PRETTYBOY HOMEBASE SUMMER PROGRAM

Brought to you by Prettyboy Recreation Council and Baltimore Co. Dept. of Recreation and Parks

Prettyboy Elementary School \$184/week \$10 off for multiple children in same family For ages 2-12

This program is open all summer for your daycare needs beginning on Monday of the first full week after school closes for the summer.

Hours of operation are 6:30am to 6:00pm Monday—Friday. Closed July 4th.

The program runs until the last week before the 2017/18 school year begins. Activities include themed weeks, entertainment, crafts, indoor and outdoor games and so much more to even mention.

Plan a week with us or the whole summer. Daily and half-day rates available upon request.

Contact: Judy Ober 410-357-9509 or judee357@comcast.net

Registration: Contact Mrs. Ober for more information or to register.



Should you require special accommodations (i.e., sign language interpreter, large print, etc.), please give as much notice as possible by calling the Therapeutic Office 410-887-5370 (voice) or 410-887-5319 (TTY/Deaf)

Hereford Recreation Office 17301 York Road Parkton, MD 21120 410.887.1938

These programs are neither sponsored by nor endorsed by BCPS



DEPARTMENT OF
RECREATION AND PARKS

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Brought to you by Hereford Zone Recreation Council and Baltimore Co. Dept. of Recreation and Parks



SPARKS PHYSICAL EDUCATION CAMP

Sparks Elementary School \$125 half day or \$205 full day (weekly)

Session 1: June 19-23 9am-12pm or 9am-2pm For those entering grades 5-6 in 17/18 school year
Session 2: June 26-July 30 9am-12pm or 9am-2pm For those entering grades 3-4 in 17/18 school year
Session 3: July 3-7 9am-12:45pm For those entering grades 1-2 in 17/18 school year (No camp on July 4th)



This camp offers a variety of sports, field games, arts & crafts and water activities. Instructed by Sparks ES PE teacher Melinda Hoffman.

Questions? Contact Melinda Hoffman mhoffman@bcps.org or 410-887-7900.

To Register: See registration form on page 5

FUN & FITNESS CAMP



5th District Elementary School \$100 per session

Session 1: June 19-23 9am-12pm For those entering grades K-2 in 17/18 school year
Session 2: July 10-14 9am-12pm For those entering grades 3-5 in 17/18 school year
Session 3: July 17-21 9am-12pm For those entering grades 2-5 in 17/18 school year
Session 4: July 31-Aug 4 9am-12pm For those entering grades 2-5 in 17/18 school year

Campers will play a variety of physically active games and activities as well as crafts and learning experiences that will cover a variety of health and fitness components. Camp instructor is 5th District ES PE teacher Steve Brusco.

Questions? Contact Steve Brusco sbrusco.bcps.org

To Register: See registration form on page 5

BULLS BASKETBALL CAMP

Hereford High School Gymnasium

Session 1: June 19-23 Session 2: June 26-30 9am-2pm For boys ages 6-14 \$150 per session

Boys basketball camp will focus on the teaching and developing of offensive and defensive skills. Individual and team play will be coordinated with skill development work. There are daily skills contests, prizes and each participant receives a free camp shirt. The camp is conducted by Hereford High coaches Jim Rhoads and Mike Kalisz.

Questions? Contact Mike Kalisz mkalisz@bcps.org or 410.887.1910 Ext. 1

To Register: See registration form on page 5



HEREFORD RUNNING CAMP



Hereford High School Cross Country Track \$90 per session

Session 1: June 26-July 1 Session 2: July 3-8 8-11am For those entering grades 6-8 in 17/18 school year
Session 3: July 10-15 Session 4: July 17-22 8-11am For those entering grades 9-12 in 17/18 school year

This camp is designed to provide training on the disciplines of Cross Country and Distance Track running. The camp will be designed for participants of all ability levels and the instruction is geared to help all campers improve their skills. The camp will include summer planning, conditioning and racing training from experienced college athletes. The campers will improve their overall fitness and endurance level whether they compete in Cross Country or Track or utilize this instruction for other sports and activities. Instructors are Zachary Lang and Matthew Kingeter. Both have competed in Cross Country and Track for 12 seasons while at Hereford HS, served as team captain during their senior year and were awarded Athlete of the Year by the Hereford Harbinger as seniors.

They currently run Cross Country and Track at St. Lawrence University and UMBC respectively.

Questions? Contact: Zachary Lang zplang15@stlawu.edu

To Register: See registration form on page 5

HEREFORD GIRLS VOLLEYBALL CAMP

Hereford High School Gymnasium July 10-13 8am-12pm Ages 10-16 \$100

Campers will be introduced to the fundamentals of volleyball, footwork, receiving, passing, hitting, serving and court play. All campers will have the opportunity to improve their volleyball skills and knowledge of the game.

This is a great opportunity for incoming 9th graders that plan to tryout for volleyball at the high school level.

The camp will be conducted by David Schreiner, the Hereford HS volleyball varsity coach.

Questions? Contact: Elizabeth Carey 443-610-7757 eycarey@comcast.net

To Register: See registration form on page 5



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BULLS FIELD HOCKEY CAMP

Hereford High School Stadium

Session 1: June 26-June 29 9am-12pm For those entering grades 3-5 in 17/18 school year \$97 per session

Session 2: June 26-June 29 9am-1pm For those entering grades 6-9 in 17/18 school year \$127 per session

Field Hockey players will enhance their foundation of basic skills as well as increase their knowledge of the game with a focus on team play. Middle School athletes will be exposed to conditioning relevant to the game of hockey. Goal keepers are welcome to attend. Instructor is Caitlin Duvall, current Hereford HS head varsity field hockey coach. Assistant instructors are Clanci MacKenzie, former Division 1 field hockey athlete 2011—2015 and former members of the HHS State Championship FH teams.

Questions? Contact Caitlin (MacKenzie) Duvall cmackenzie@bcps.org or 734-904-3411

To Register: See registration form on page 5



HEREFORD GIRLS SOCCER CAMP

Hereford High School Stadium

Session 1: June 19-22 For ages 6-12 Session 2: July 31-August 3 For ages 12-14

Both sessions are from 8am-12pm \$157 per session

This camp will be divided by age group. The younger age group is designed with the elementary school child in mind. It will focus on making the game fun and enjoyable for athletes of that age. There will be focus on developmental skills, games and having fun playing the sport. The older age group will be designed to give middle school-aged girl soccer players an idea of what to expect from the high school program. It will help prepare them for the high school team, incorporating skills, endurance and strength into a comprehensive camp. Instructor is Brad Duvall, head varsity girls soccer coach at Hereford HS with eleven years coaching experience. Assisting Brad are three Hereford HS graduates all having played soccer at the college level.

Questions? Contact Brad Duvall at bduvall@bcps.org or 410-984-5191

To Register: See registration form on page 5



HEREFORD BULLS TENNIS CAMP

Hereford Middle School Ages 9-15 \$175 per session

Session 1: June 19-23 Session 2: June 26-30 Session 3: July 3-7 (no camp on 7/4)

Session 4: July 10-14 Session 5: July 17-21 Session 6: July 24-28

All sessions are 9am –12pm except Session 3, which is 8:30am—12:15pm

Whether you're a beginner, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. This tennis program will focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Each player is given personal attention and taught through repetition in an enjoyable, lively atmosphere. Hereford Bulls tennis breaks down the fundamental skills of tennis through easily understood games and exercises to help improve the athlete's overall coordination and technique. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills and games designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play. Instructor is Elizabeth Zinkand, PE teacher at Hereford Middle School, assistant Tennis Pro and Camp Director at the Roland Run Club for 8 yrs.

Questions? Contact Elizabeth Zinkand 410-493-1244 ezinkand@bcps.org

To Register: See registration form on page 5

HEREFORD WRESTLING CAMP

Hereford High School Wrestling Room

Session 1: July 17-21 6-8 pm For ages 6-14 \$50

Session 2: July 24-28 5-8 pm For ages 14-18 \$75

This camp is a technique camp for top, bottom and neutral positions.

Head instructor is Robert Hough—two-time state finalist and four-time Baltimore County Champion.

Assisting Robert is Josh Asper, four-time state champion and two-time NCAA All American and Steve Fittery, four-time All-American.

Questions? Contact: Robert Hough roberthough72@aol.com or 410-274-8662

To Register: See registration form on page 5



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INNOVATIVE MINDS

Brought to you by the Hereford Zone Recreation and Parks Council and
Baltimore County Department of Recreation and Parks

STEM ACADEMY and STEM ACADEMY, JR.

Sparks Elementary School \$170 per session
Session 1: July 31-August 4 12:30-3:30pm For students entering grades K-2 in school year 17/18 (Jr. Session)
Session 2: August 7-11 12:30-3:30pm For students entering grades 3-6 in school year 17/18



Think about key skills needed in today's workplace: problem solving, critical thinking, and the ability to work in a team. What do they all have in common? They're all related to STEM (science, technology, engineering and math). In this program, students engage in projects that incorporate these key skills. Projects may include building roller coasters, designing towers or making slime. The key for our students is to work in cooperative teams to explore, investigate, tinker and create.

Questions? Contact Justin Hennaut innovativemindsofmd@gmail.com

To Register: See registration form on page 5

KIDS THAT CODE and KIDS THAT CODE, JR.



Sparks Elementary School \$160 per session
Session 1: July 31-August 4 9am-12pm For students entering grades K-2 in school year 17/18 (Jr. Session)
Session 2: August 14-18 9am-12pm For students entering grades 3-6 in school year 17/18

Computer Programming is basic literacy in this digital age. Students must be able to not only consume technology, but also understand and control it. In this program, students will develop their problem solving skills through hands-on exploration of coding basics. Students will explore coding through Lightbot, Code.org, Kodable and will use MIT's *Scratch* to program basic animations and games.

Questions? Contact Justin Hennaut innovativemindsofmd@gmail.com

To Register: See registration form on page 5

KIDS THAT CODE: ROBOTS

Sparks Elementary School \$160 per session
August 7-11 9am-12pm For students entering grades 3-6 in school year 17/18

Programming goes beyond the computer in this camp. Our Kids that Code: Robots program helps students develop skills like strategic thinking and logic while engaged in problem based learning. Using various robotic elements like Ozobots and Spheros, students will learn to program these robots to follow their commands to complete a task and navigate through home-made obstacle courses.

Questions? Contact Justin Hennaut innovativemindsofmd@gmail.com

To Register: See registration form on page 5



ANIMATION STUDIO



Sparks Elementary School \$160 per session
August 14-18 12:30-3:30pm For students entering grades 3-6 in school year 17/18

Love Disney/Pixar movies? Have an interest in animated characters on tv? Then join the animation studio. In our studio, students will learn the art of animation. Students will explore different methods of animation and experiment with each before working in cooperative groups to create a final project. Animation methods include flip books, clay-mation, stop-motion, and simple computer animation. Imaginations will be put to the test in this fun and creative camp.

Questions? Contact Justin Hennaut innovativemindsofmd@gmail.com

To Register: See registration form on page 5

Should you require special accommodations (i.e. sign language, interpreter, large print, etc.) please give as much notice as possible by calling the Therapeutic Office At 410-887-5370 (voice) or 410-887-5319 (TT/Deaf).

Hereford Recreation Office 17301 York Road Parkton, MD 21120 410.887.1938

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2017 SUMMER CAMP REGISTRATION FORM

BALTO. COUNTY DEPT. OF REC. AND PARKS / HERFORD ZONE RECREATION AND PARKS COUNCIL

CAMP NAME: _____ **SESSION:** _____

The participant should complete this registration form, or if the participant is a minor/child, the legal authorized parent or guardian of minor/child participant must complete and sign.

Enrollment Information:

Participant's Name: _____ Date of Birth: ____/____/____ Male: ____ Female: ____

Street Address: _____ Home Phone: _____

City/State: _____ Zip Code: _____ Parent's E-Mail: _____

School Attending _____ T-Shirt Size _____

Emergency/Health Issues:

In case of emergency, please notify (if minor/child participant, provide parent's information or Guardian, as appropriate).

Name: _____ Relationship: _____ Home Phone _____ Cell Phone _____

Name: _____ Relationship: _____ Home Phone _____ Cell Phone _____

Physician's Name: _____ Physician's Phone: _____

Name of Medical Provider: _____ Date of last tetanus immunization: _____

Any medical, psychological, or behavioral conditions we should be aware of (bee stings, food allergies, etc.)? _____

1. Are there any medical, health factors or limitations that might affect participant's performance in the activity?
Yes ____ No ____
2. Is participant taking any medications or have a condition that may affect participant's safety or performance in the activity?
Yes ____ No ____
3. Is participant required any special accommodations (due to disability) to participate in the activity?
Yes ____ No ____

If yes, please explain: _____

In case of injury or emergency, I for myself and/or participant (if participant is minor/child), and my personal representatives, heirs and assigns, (severally and collectively "I" for this registration form) give permission for an activity representative to call 911 and transport participant to a hospital. I shall inform the Recreation Council, in writing, of any medical or health conditions of participant that occurs or develops and which could affect participant's safety, performance or participation in or throughout the activity.

Signature of participant or, if minor, of parent/guardian: _____ Date: _____

ACKNOWLEDGEMENT, WAIVER AND RELEASE OF LIABILITY:

I hereby confirm participant is in good health and able to participate in the activity. I acknowledge the activity may involve risk and danger of bodily injury or death. I fully accept and acknowledge the activities may involve risk, and I hereby assume the risk and responsibility for all dangers and risks associated with the participant in the activity. I further understand that concussion information is available at www.cdc.gov/concussion

I acknowledge Baltimore County, Maryland, the recreation council, and their respective employees, directors, officers, volunteers, members and any other participant, entity, party or person involved in any regard with the activity or the activity premises and their respective agents, personal representatives, heirs, employees, contractors, successors and assigns (each on "activity representative" and collectively the "activity representatives"), shall not be responsible or liable in any regard or manner for any and all property damage or bodily injury (including serious physical injury or even death) incurred by participant or any party related thereto as a result of his/her participation in the activity.

I have read, fully understand, and hereby freely sign, approve of, and agree to the terms of this registration form. I hereby unconditionally release, discharge, covenant not to sue, waive my rights and remedies, and agree to hold harmless the activity representatives from any and all claims, costs, demands, losses, damages, or expenses associated with, in whole or in part, participant's involvement with the activity. I certify all answers and information provided on this registration form are to the best of my knowledge true and correct throughout the activity. I shall inform the recreation council in writing if any information provided in this registration form is incorrect or changes through the course of the activity. I shall present a government-issued photo identification card including, but not limited to, my drivers license, passport, or United States Visa to the activity representative for review, if requested, at the time I submit this Registration Form to the recreation council.

Signature of Participant (if over 18) OR of parent/guardian (if under 18): _____ Date: _____

Print Name of Signatory: _____ Relationship to Participant: _____

REGISTRATION INFORMATION

MAIL COMPLETED REGISTRATION FORM AND CHECK (s)
(separate check for each camp please) MADE PAYABLE TO 'HZRPC' TO:
HERFORD RECREATION OFFICE—SUMMER CAMP
17301 YORK ROAD PARKTON, MD 21120